## **Are You Listening???**

- Y/N 1. As soon as someone starts speaking, are you already thinking of your response?
- Y/N 2. Are you sometimes thinking of other things while you appear to be listening to the other person talking?
- Y/N 3. Is silence difficult for you?
- Y/N 4. Do you always respond to everything?
- Y/N 5. Do you assume you know what someone will say and therefore finish their statements for them?
- Y/N 6. Do you ever feel like you run out of time during a conversation?
- Y/N 7. Do you often say to others "listen to me"?
- Y/N 8. If clarification is needed, do you assume you will figure it out and not truly listen?
- Y/N 9. Do you quickly jump to conclusions and interrupt with solutions or resolution?
- Y/N 10. Do you ever miss the context of what someone says to you?